

**HOCKING TECHNICAL COLLEGE
COURSE OUTLINE**

COURSE NO.: PSYC 101

COURSE NAME: General Psychology

CREDIT HOURS: 5

CLASS HOURS: 5 per week **LAB HOURS:** 0

DATE: Fall 2008

PREPARED BY: Social Science Department

TO BE UPDATED: Fall 2010

APPROVED BY:

COURSE DESCRIPTION

A comprehensive and in-depth study of the theories and applications of psychology. The course consists of an overview of topics in the areas of both clinical and experimental psychology including memory, personality, consciousness, physiological bases of behavior, sensation and perception, motivation and emotion, human development, learning, abnormal behaviors and social processes. The content of this course and required assignments will address at least 38 specific factors that relate to the eight Hocking College Success Skills: Communicates Effectively, Demonstrates Math Skills, Demonstrates Learning and Critical Thinking Skills, Maintains Professional Skills and Attitudes, Practices Human Relations Skills, Demonstrates Knowledge of Science and the Environment, Demonstrates Community, Cultural, and Global Awareness, and Maintains A Code of Ethics.

COURSE OUTCOMES

This course is designed to:

1. Introduce the student to the science of psychology, including a broad overview of most of the major areas in the field.
2. Provide a general background for subsequent and more specialized psychology courses.
3. Students will practice all eight Hocking College Success Skills.

COURSE MATERIALS

Required text: Psychology, 5th ed., Davis & Palladino, Prentice Hall, 2007.

SAFETY PRACTICES

Common practices regarding safety are to be observed in class. You are to ask your instructor for help when any situation arises which is potentially dangerous.

DISABILITY ACCESS

If you have been diagnosed with a disability that hinders your academic success, please immediately contact the Access Center Office of Disabilities in JL 249 for special accommodations.

STUDENT INSURANCE/COVERAGE

Hocking College insurance does not cover a student in cases of an accident or illness. Students are responsible for providing their own health and accident insurance. The Hocking College Health Center provides information on a student health insurance plan. Please see the Health Center (JL 241) for information on costs, coverage, and how to enroll in the plan.

E-PORTFOLIO ASSIGNMENTS

One activity in this course is designed to assess your proficiency in numerous Hocking College Success Skills and to serve as an E-Portfolio entry. Directions and a scoring rubric is provided for this activity at the end of this document. Although this activity must be completed to receive a final grade in this course, you are not required to use the activity as an E-Portfolio entry.

TOPICAL OUTLINE

Introduction and Research

Students will be able to explain the subject matter and goals of psychology and identify differences among the major schools of thought within the field of psychology. They will be able to give and recognize examples of research methods used in psychology including descriptive methods and experimental methods.

Memory

Students will be able to explain the processes of remembering and forgetting. They will be able to define and apply psychological terms related to these processes. Students will also be able to give and recognize examples of strategies for improving memory.

Personality

Students will be able to name the major theorists, describe their theories and recognize terms and concepts relevant to each of the major theoretical approaches to personality. They will be able to compare and contrast these theoretical views. Students will also be able to recognize different methods of personality assessment, including the assessment of intelligence, and apply the relevant concepts of reliability, validity and standardization of assessment instruments.

Consciousness and Physiological Psychology

Students will be able to describe what we call consciousness and altered states of consciousness. They will be able to apply basic concepts related to sleep and dreaming, hypnosis and psychoactive drugs. Students will be able to name and describe the functions of the basic structures of the nervous system. They will be able to define important terms related to neural transmission and describe how our nervous system processes information.

Motivation and Emotion

Students will be able to define and apply basic terms used in psychology to describe motivational principles. They will be able to apply theories of motivation. Students will be able to identify the components of emotion and the primary emotions. They will be able to apply cognitive theories of emotion using relevant terminology.

Developmental Psychology

Students will be able to describe basic developmental processes. They will be able to explain the mechanisms of hereditary transmission and discuss the nature-nurture controversy. They will be able to recognize terms and concepts relevant to major developmental theories. Students will also be exposed to psychological issues in midlife, old age and facing death.

Learning

Students will be able to apply Classical and Operant Conditioning models to novel examples using appropriate related terminology. Students will be able to describe and apply the concepts of modeling or observational learning.

Psychological Disorders

Students will be able to define psychopathology and explain criteria used for defining abnormality. They will be able to recognize examples of DSM diagnoses. They will be able to describe how various schools of psychology may make different treatment choices.

Stress and Coping

Students will be able to give examples of situations and events that cause stress. They will be able to identify personality variables and situational variables which make individuals more or less vulnerable to stress. They will be able to identify coping strategies and methods of reducing stress.

NOTE: You should retain this syllabus for personal records. We cannot guarantee that course outlines and handouts will be on file for more than two years. You may need this documentation if you transfer to another college or university or if you return to school after a period of nonattendance.